

**MASSACHUSETTS GENERAL HOSPITAL
DEPARTMENT OF ORTHOPAEDIC SURGERY**

**13TH ANNUAL
AUGUSTUS THORNDIKE LECTURE**

Jon JP Warner, MD

*Chief, Shoulder Service
Acting Chief, Sports Medicine Service
Chair, Quality and Safety for Orthopedics
Director, Shoulder & Elbow Fellowship Program
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Massachusetts General Hospital
Professor of Orthopaedic Surgery, Harvard Medical School*

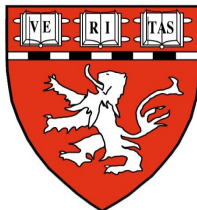
“Leading Without a Title”



***Thursday, October 15, 2020
6:45 am - 7:45 am***



***Massachusetts General Hospital
Via Zoom***





Jon JP Warner, MD was born in Wichita Falls, TX, USA and graduated from Colgate University Hamilton, NY with a BA (1978) and attended the University of Rochester School of Medicine Rochester, NY (1982) for his Medical Education. After two years of residency in surgery at Strong Memorial Hospital, University of Rochester, NY (1983) he spent four years in the Combined Harvard Orthopedic Surgery Residency Program (1987). He subsequently participated in several clinical fellowships which included The Children's Hospital Sports Medicine Fellowship, Boston (1988); The Cave Traveling Fellowship Award of the Massachusetts General Hospital (1989); and The AO International Postgraduate Fellowship at the Inselspital, University of Berne Switzerland (1989).

After his Swiss experience, Dr Warner went to France for a research fellowship at the *École de Chirurgie Amphitheatre du Anatomie* at the University of Paris, France (1989), and then to a clinical fellowship in Sports Medicine at Linköping University Hospital in Sweden (1989).

In July 1989, he returned to the USA for the Shoulder and Sports Medicine Fellowship at the Hospital for Special Surgery in New York City (1990). From 1990 to 1998 he was an Associate Professor of Orthopaedic Surgery and Director of the Shoulder Service, at the Department of Orthopedic Surgery at the University of Pittsburgh. Since 1998, he has been Chief of the Boston Shoulder Institute Program and remains at MGH as a Professor of Orthopedic Surgery.

He attended The Harvard Business School Executive Program and is a Graduate of HBS Class, 2019. He founded the New England Shoulder and Elbow Society (www.neses.com), the Boston Shoulder Institute (www.bosshin.com) and the Codman Shoulder Society (www.codman-shoulder-society.com).

Augustus Thorndike, M.D.
1896-1986

The “Father of Sports Medicine in the United States” is the late Dr. Augustus Thorndike. A member of the Harvard College class of 1919 and a 1921 graduate of Harvard Medical School, Dr. Thorndike spent more than three decades caring for the growing population of Harvard athletes, while serving as the chief of surgery for the Harvard University Health Service. He was a surgeon on the staff of the Massachusetts General Hospital.



Dr. Thorndike seemed unaware he was on the threshold of developing a new specialty. He simply focused on providing thoughtful, comprehensive care to every patient, including Harvard athletes. In 1926, Dr. Thorndike was appointed physician to the Harvard hockey team. “It was the first time any hockey team anywhere, pro or otherwise, ever had a doctor present at games,” he noted. In his new role, he insisted that all players wear helmets. This was the beginning of the Thorndike “canon” – a comprehensive list of rules and practices designed to preserve the health of the athlete. He designed a multitude of taping and bandaging techniques to prevent recurrent injuries, invented new braces and protective splints and casts, and designed and improved padding and protective gear for football players, notably the suspension helmet.

More importantly, Dr. Thorndike developed major sports medicine principles that in the 1930s represented breakthrough thinking. He decreed that every contact sport must have a physician in attendance at all games, established that physicians, not managers or coaches, would determine whether or not an athlete should play, and decided that any player who suffers three concussions should be barred from playing contact sports. These rules formed the basis for the modern discipline of sports medicine.

Dr. Thorndike also introduced nutritional guidelines for athletes, initiated on-site use of x-ray equipment – something unheard of at the time, and whirlpools. He upgraded the examination rooms and devised a meticulous record-keeping system. He wrote the first book in the United States on sports medicine, “Athletic Injuries” and “A Manual of Bandaging, Strapping & Splinting.”

After he retired in 1962, Dr. Thorndike received an honorary degree from Harvard.

Previous Augustus Thorndike Lecturers are Ramon Cugat, MD, PhD (2008), Mitsuo Ochi, MD (2009), Robert E. Leach, MD (2010), Frank R. Noyes, MD (2011), James R. Andrews, MD (2012), Matthew T. Provencher, MD (2013), Neal S. ElAttrache, MD (2014), Jo A. Hannafin, MD, PhD (2015), David W. Altchek, MD (2016), K. Donald Shelbourne, MD (2017), Scott A. Rodeo, MD (2018), and Marcus C.C.W. Elliott, MD (2019).

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6:45 am	Welcome	Mitch Harris, MD <i>Chief, Department of Orthopaedic Surgery, MGH</i> <i>Edith Ashley Professor of Orthopaedic Surgery, HMS</i>
6:50 am	Overview <i>‘Augustus Thorndike, MD - Father of Sports Medicine in the United States’</i>	Bertram Zarins, MD <i>Chief Emeritus, Sports Medicine Service, Department of Orthopaedic Surgery, MGH</i> <i>Augustus Thorndike Clinical Professor, Orthopaedic Surgery, HMS</i>
6:55 am	Introduction	Bertram Zarins, MD
7:00 am	“Leading Without a Title”	Jon JP Warner, MD
7:30 am	Discussion	Bertram Zarins, MD
7:45 am	Wrap-up / Adjourn	Mitch Harris, MD