



## EMBRYO TRANSFER GUIDELINES *for Patients*

### Cleavage Stage Transfers (3 days after retrieval)

	OOCYTE AGE			
	< 35	35-37	38-40	41-44*
GROUP 1	1	1	3	4
GROUP 2	2	3	4	5

### Blastocyst Stage Transfers

	OOCYTE AGE			
	< 35	35-37	38-40	41-44*
GROUP 1	1	1	2	3
GROUP 2	2	2	3	3

**GROUP 1:**

- 1<sup>st</sup> or 2<sup>nd</sup> Embryo Transfer Cycle with high quality embryo available
- Resets after prior live birth from IVF

**GROUP 2:**

- 2 or more consecutive Embryo Transfer Cycles without a live birth
- OR**
- High quality embryo not available (Day 3 or Day 5)

**Euploid Embryo Transfers (after pre-implantation genetic testing for aneuploidy):**

- Single embryo transfer for 1<sup>st</sup> and 2<sup>nd</sup> Euploid Embryo Transfer
- May consider transferring 2 Euploid embryos after 2 consecutive unsuccessful Euploid Transfers

\*In women aged  $\geq$  45 years, only 1 embryo will be transferred to native uterus

**Please Note:**

- You always have the option of transferring fewer embryos than the number recommended in our guidelines
- These guidelines are consistent with recommendations from the American Society of Reproductive Medicine